SURVIVOR TO ADVOCATE 12 WEEK TRAINING SESSION

Step 1 – Find an Issue and Educate Yourself: For the purposes of this class our issue is Violence Against Women

Step 2 - <u>Define Your Mission</u>: What are we going to accomplish? Raise awareness of the issue with the public/politicians/teachers...Are we trying to get a specific piece of legislation (law) changed?

Step 3 – <u>Start/Join a Group</u>: There is power in numbers and it is highly likely others are doing this kind of work already, or are looking for the opportunity to do something like this

Step 4 - <u>Set Goals</u>: SMART (Specific, Measurable, Attainable, Realistic, Timely), know your key messages, target audience and goals (what you are trying to achieve and how you plan to go about it).

Step 5 - <u>Build a Team</u>: build on local, provincial, national and even international groups/individuals

Step 6 - <u>Build a Coalition</u>: network with other organizations, find common ground and agree to disagree on issues that are separate from your common goals

Step 7 - <u>Plan an Event</u>

Step 8 - Advocate!: get involved to make positive change

Step 9 - <u>Spread the Word</u>: using social media, internet, email, media and other means to promote your message

Step 10 - Fundraise + Sustain

An Initiative of the Sexual Assault Domestic Violence Advisory Committee of Lanark County www.endabuseinlanark.ca